

Cognitive functions and cardiovascular diseases in an ageing population: risk factors and consequences (ERA Chair lecture)

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The risk of virtually all chronic conditions increases with age. With population ageing, the absolute numbers and proportions of people with chronic diseases and functional impairment increase rapidly. Many of chronic conditions are mutually associated. Cardiovascular diseases (CVD) and cognitive functions are two conditions with massive impact on health and wellbeing of older people. CVD and cognition share a number of common risk factors, and their association appears to run in both directions (CVD leading to cognitive impairment and vice versa). This seminar will examine the evidence on the link between these two conditions and will include examples from Central and Eastern European HAPIEE cohort.